

INTERNATIONAL STUDENT QUICK GUIDE

Important Info



GENERAL EMERGENCY:

Emergency services: **DIAL 911**
for police, ambulance, or fire.

INTERNATIONAL STUDENT SUPPORT:

Immigration: immigration@nbcc.ca

Student Success Coach:

katie.gibbs@nbcc.ca

YOUR SAFETY:

Your safety is our top priority.

at night if possible. Lock your car and home doors. If you feel unsafe, reach out to security or student support on campus or call the police if off campus.

HEALTH RESOURCES:

Apply for Medicare Health Card:

Brunswick's health card used for hospital and doctors visits: click here www2.snb.ca to apply.

processed and receive your card. Apply for your social insurance number, this will give you a number that you use to work in Canada.

Visit: www.canada.ca to apply.

Tele-Care 8-1-1: Call 8-1-1 any time of day or night to receive support from a nurse and get a referral to additional healthcare services in your community.

211:

New Brunswickers to call when they need help finding community support. nb.211.ca

Local Hospital: Saint John Regional Hospital

Location: 400 University Ave., Saint John,
New Brunswick, E2L 4L2
Telephone: 506-648-6000



Student Support

We are here for you! Every campus has a Student Success Centre to ensure you have the tools and support needed throughout your journey at NBCC.

INTERNATIONAL STUDENT SUCCESS COACHES

International Student Support

COUNSELLING

Mental health app:



Support resources Free Anonymous





ORIENTATION

[Orientation and Onboarding](#)

GET CONNECTED

Get involved on campus! Your Student Union offers events, sports and more. Visit: www.nbccsu.ca

COMMUNITY RESOURCES



Saint John

Saint John is famous for its waterways which include both the Atlantic ocean and Saint John River. Many people come from all over to world to see the Bay of Fundy with its incredible highest tides in the world. Its population is 70,785.

HIGHLIGHTS OF LIFE IN SAINT JOHN

- Nature parks right in the city for walking, hiking, and swimming
- Music and Entertainment Events
- Community and Settlement Centers
- Unique Restaurants such as Indian, Chinese, Arabic and Italian.

GET TO KNOW SAINT JOHN

- [City of Saint John](#)
- [Discover Saint John](#)
- [YMCA of Greater Saint John](#)

WHAT TO PACK

- Required documents to present when entering Canada
- Items that remind you of your home country (eg. *fag*, *music* or *family recipes*)
- Medications
- Light bed linens (*bed sheets*, *pillowcases*, etc)
- Laptop

There's no dress code at NBCC. Students here usually dress casually in comfortable and practical clothes. Bring whatever clothing you like, in the style that you are used to wearing. If you're in a co-op program, you'll need additional business attire for interviews and work terms.

Winter: Heavy jacket, scarf, gloves, hat, boots

The weather in Canada varies from season to season. Classrooms are heated in the winter and air-conditioned in the summer. However, we recommend that you bring different types of clothing to suit the changing climate outdoors.

Summer: T-shirt, shorts, flip-flops, sunglasses, hat

CLIMATE:

We have 4 seasons in Canada. New Brunswick is on the East coast so you get a bit more snow and cooler temperatures the more north you go.

Spring and fall: Sweater, jacket, hat, gloves

FALL: September-December | 15 to 0 degrees Celsius

WINTER: December-May | 0 to -25 degrees Celsius

SPRING: May-June | -1 to 15 degrees Celsius

